

KICKSTART YOUR JANUARY DETOX WITH OUR GOOD FOR YOU RANGE

Wild wrap of the month Chicken and kidney bean fajita wrap | £5.25

Packed with goodness wrap Beetroot, feta and mint in a spinach wrap | £4.90

Super salads Lemon and garlic chicken, chickpea, edamame bean and quinoa salad | £4.95

Scottish Mackerel Niçoise | £4.95

Herb quinoa, roasted courgette, pumpkin, halloumi and salsa verde | £4.95

Bold & brilliant breakfast pot Coconut milk soaked quinoa, chia seeds and berry compote | £2.70

Pure protein pot

Black and red quinoa, edamame bean spinach, pomegranate and feta | £1.95

Pick me up power smoothies Beetroot, ginger and apple | £3.50

Green mojito | £3.50

Banana, wow butter and soya milk | £3.50

Guilt free treats Apple and date cake | £2.25

Around the world special

Super Acai berry breakfast bowl; topped with chia seeds, granola and blueberries. High in antioxidants, fibre and minerals | £4.85

This menu will be served until 31st January 2018. For further information about our menu, please ask a member of staff.





BEST IN PRACTICE

